

SECTION 10: STUDENT EDUCATION RESOURCES

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Nicotine education is very important for students to understand why there are policies in place to protect them from exposure. There are a variety of programs and resources available today for all age levels with videos and learning materials. Some are free and some are available for purchase. If your school is ready to integrate tobacco and nicotine education into the curriculum as part of 24/7's recommended policy guidelines, we advise to start with recognized organizations that offer science-supported, health-focused content.

Here are a few online student education programs that are available for free:

- [Scholastic's "The Real Cost of Vaping"](#)
- [Smokefree Teen](#)
- [Take Down Tobacco](#)

No matter which program or materials you choose to use, they should:

- List the many types of products and their potency
- Share state and national laws surrounding possession by a minor
- Describe the health consequences of using tobacco and nicotine
- Detail how to quit using if struggling with addiction